Twelve Steps for "Business" Shifting
Old Finger to the New Position

from the teachings of John Kendall

Scale shift example

"and stop"  "and stop"  "and don't stop at all"

"and stop"  "and stop"  "and don't stop at all"

"and stop"  "and stop"  "and don't stop at all"

Shortest possible grace note

One impulse per group

Telescope

(keep first knuckle loose)

Target Practice  (drop hand down onto leg in rest)

Hiccups