

Twelve Steps for "Business" Shifting

Old Finger to the New Position

♩. = 80

from the teachings of John Kendall

Scale shift example

1 1 3 3-3

"and stop" "and stop" "and don't stop at all"

3-3 1-1

"and stop" "and stop" "and don't stop at all"

1-1 3-3 1 3 1-1 3 1

"and stop" "and stop" "and don't stop at all"

3 0 1 1 03

Shortest possible grace note

One impulse per group

3 3 1 1 3

Telescope

3 1 1 3

(keep first knuckle loose)

3 3 1 1 3 3

Target Practice (drop hand down onto leg in rest)

1 1 1 1 1 1 3 3 3 3 3

Hiccups